

3-5's | W1

Today's Suggested Schedule—March 2026, Week 1

Today's Bible Story: Water to Wine • John 2:1-11

Nothing is too hard for Jesus.

Key Question: Who is amazing?

Bottom Line: Jesus is amazing.

Memory Verse: "We have seen amazing things today!" • Luke 5:26 NLT

Loud sounds, bright lights, and large groups can be overwhelming or overstimulating for some children. To create a more inclusive large group experience, consider offering adaptive tools like noise-canceling headphones, sunglasses, sensory-friendly items, or access to modified spaces.

Prelude: Setting the tone for the experience

See the **Getting Ready** pages at the end of this document for a detailed description of what you'll need for today.

In the **Prelude** folder of your curriculum, you'll find a variety of other resources to help you prepare.

Small Group (15 minutes)

Social: Providing time for fun interaction

Fill it Up

Flip the Cards

Change it Up

Large Group (20 minutes)

Worship: Inviting people to respond to God

Story: Communicating God's truth in engaging ways

Worship

Bible Story

Prayer

Small Group (25 minutes)

Groups: Creating a safe place to connect

Memory Verse with Motions

Story Bowling

Nothing's Too Hard

Catch It If You Can

Jesus and the Six Jars

Journal and Prayer

Home: Prompting action beyond the experience

Going Home

Memory Verse Card

Parent Cue Card (print or email)

Parent Cue App

*Allergy Alert



Bible Story

Water to Wine • John 2:1-11

Nothing is too hard for Jesus.

Key Question

Who is amazing?

Bottom Line

Jesus is amazing.

Memory Verse

"We have seen amazing things today!" • Luke 5:26 NLT





15 min

Social

5 min

Fill it Up | Made to Move

What You Need

-  Large, clear plastic bowls 1
-  Blue pom-poms 1
-  Plastic container 1
-  Painter's tape 1



EveryChild Tips

- Allow children who can't stand or move quickly to *sit at the line* and roll or drop pom-poms into a low bowl instead of tossing.
- Place the bowl on a table or chair instead of a child's head for those uncomfortable with or unable to balance.

What You Do:

Before the Activity: Create a straight tape line on the floor about five feet from a wall. Put pom-poms in the container and place on the floor in the middle of the tape line. Divide children into two teams. Ask for one child from each team to stand against the wall, and the other children in each team to line up single file behind the tape.

During the Activity: Encourage children to take turns tossing pom-poms into the bowl their teammate is holding on their head. Continue until all the pom-poms have been tossed. Collect the pom-poms and ask a new teammate to hold the bowl. Repeat as desired.

After the Activity: Introduce the Bible Story.

What You Say:

Before the Activity: "Friends, come over and stand at this line. We're going to play a game today, so let's make two teams. (*Help divide children into two groups.*) I need one friend from each group to stand against the wall and hold this bowl on your head like this. (*Demonstrate.*) All your teammates will take turns tossing pom-poms trying to get them into your bowl. Watch! (*Stand at the line and toss a pom-pom into each team's bowls.*) Just like that!"






During the Activity: "Let's pretend these pom-poms are water drops. [Child's name] and [child's name] pick up a pom-pom and toss it to your teammate to try and get it into the bowl. (*Pause.*) Great job! Now the next friend in line can have a turn. (*Continue until all the pom-poms are tossed.*) Whoa! Look at the water drops we caught in the bowls. Let's put them back in the container and pick up the other pom-poms and play again! [Child's name and child's name] stand against the wall with the bowls on your head and we'll play again. (*Repeat as time and interest allow.*) That was so fun! We filled the bowls with water!"

After the Activity: "In today's true Bible Story, we'll hear how Jesus did something really amazing with some jugs of water. Let's go hear all about it!"

5 min

Flip the Cards | Made to Play

What You Need

 Scarves	Several
 Red and Blue construction paper	Several
 Laminate pouches	Several
 Glue sticks	Several
 Scissors	1



EveryChild Tips

- Flip the cards without tossing the scarf.

What You Do:

Before the Activity: Glue pieces of red and blue construction paper together, ten sets per Small Group. Cut each set into quarters, laminate each quarter, and cut apart. Scatter the cards on the floor around the room with the blue side facing up. Give each child a scarf.

During the Activity: Encourage children to toss their scarf up in the air, flip as many blue cards over to the red side, then catch their scarf before it hits the ground. Continue until all the blue cards are red. Reset and repeat as desired.

After the Activity: Introduce the Bible Story.

What You Say:

Before the Activity: "Hello, hello, sweet friends! Come join me around all these blue cards on the ground. *(Pause.)* We are going to play a game with a scarf and these cards! Let me show you. *(Toss a scarf up in the air and flip a card or two over, then catch the scarf.)* Look, these blue cards are now red! I'm going to give each of you a scarf, and we'll play to turn all the blue cards to red. *(Give each child a scarf and help them spread out.)*"

During the Activity: "Now that you have your scarf, let's give it a practice toss. Ready, one, two, three, toss! *(Pause.)* Fantastic! Is everyone ready to play? *(Pause for responses.)* Toss your scarf and flip the blue cards to red, then catch your scarf before it hits the ground. Let's play! *(Pause.)* Whoa! Look! All the blue cards are now red! You did it! That was so fun! Let's flip the cards back over to the blue side, and we'll play again. *(Repeat as desired.)* Everyone, shake your scarf in the air to celebrate. *(Pause.)* Freeze your scarves, and I'll collect them."








After the Activity: "Today we are going to hear a true story from the Bible about something amazing Jesus did with water. I can't wait to hear today's story!"

5 min

Change It Up | Made to Explore

*Uses Minimal Supplies

What You Need

	Clear plastic cups	1
	Water	1
	Food coloring (red, blue, yellow)	Several
	Pipettes or droppers	1
	Plastic tablecloth	1
	Large plastic bowl	1
	Optional EveryChild Supplies:- Large droppers or pipettes for children who struggle with pouring	Several



EveryChild Tips

- If a child is hesitant to participate, encourage them to select the colors and observe the experiment.

What You Do:

Before the Activity: Cover the table with a tablecloth. For every three children, fill three cups, half-full of water. Mix blue food coloring into the first, red food coloring into the second, and yellow food coloring into the third. Place one to two pipettes or droppers in each cup. Set an empty cup at each child's spot.

During the Activity: Invite children to collect one color and add a couple of drops to their cup, then select a second color and add a couple of drops to the cup. Encourage children to watch the colors change into a new color. Encourage children to try different color combinations in their cups. Dump out their mixed colors into the bowl as needed. Celebrate the "new" colors they create!

After the Activity: Introduce the Bible Story.

What You Say:

Before the Activity: "Friends, today we get to make something change right before our eyes! Did you know that you can make new colors by mixing the colors? Let's explore!"

During the Activity: "Pick a color and add a few drops into your cup. (Pause.) Look how pretty it is. Now pick another color and add a few drops into your cup. (Pause.) Wow! The two colors mixed and made a whole new color! What color did you make? (Pause for answers.) That's right! You made [color]! Try some other colors and see what color you make! (Pour their mixed colors into the bowl and let children continue to create as time and interest allow.) Wow! You are amazing color mixers!"

After the Activity: "Let's go hear our Bible Story and learn about a time when Jesus turned some water into something brand new!"





30 min

Groups

5 min

Memory Verse with Motions | Made to Move

What You Need

-  Optional EveryChild Supplies:- "Memory Verse Hand Motions" PDF Several
-  Optional EveryChild Supplies:- Cardstock Several
-  Optional EveryChild Supplies: VELCRO® dots Several
-  Optional EveryChild Supplies: Scissors 1



EveryChild Tips

- Invite children to say it with you or repeat words after you.
- Set out the picture cutouts made from the "Memory Verse Hand Motions" PDF for children to hold up or point to as an alternative to saying or repeating the verse out loud.

What You Do:

Before the Activity: Say the Memory Verse and demonstrate the motions for the children.

During the Activity: Teach the Memory Verse motions. Invite the children to do them with you several times.

After the Activity: Connect the Memory Verse to the Bottom Line.

What You Say:

Before the Activity: "Friends, come stand with me, and let me tell you our brand-new Memory Verse! Ready to hear it? It goes like this. 'We have seen (point to self) amazing things today! (Hands like binoculars, open and shut.) Luke 5:26 (open hands like a book).'"

During the Activity: "Now, let's learn the motions. The first part of our verse says: 'We have seen.' (Point to self.) Put your pointer finger up and tap your chest like this (pointer finger up then tap your chest) and say, 'We have seen.' (Repeat with children.) Great job!"

"The next part of our verse says: 'Amazing things today.' (Hands like binoculars, open and shut.) Make circles with both hands and put them up to your eyes like this (Put both your hands to your eyes like binoculars or glasses.) open and close them and say, 'amazing things today.' (Repeat with children.) Wonderful! Now let's put that together. 'We have seen (point to self) amazing things today!' (Hands like binoculars, open and shut.) Great job!"








"Now the last part is: 'Luke 5:26' (open hands like a book). Put your hands together in front of you and open them like you are opening a book (open hands like a book) and say: Luke 5:26. (Repeat with children.) Great job! I think we are ready to do it all together! Ready friends? 'We have seen (point to self) amazing things today! (Hands like binoculars, open and shut.) Luke 5:26 (open hands like a book). Nice job. Let's do it again!' (Repeat several times.)"

After the Activity: "The Bible teaches us that nothing is too hard for Jesus because **[Bottom Line] Jesus is amazing!** In today's Bible Story, Jesus did something amazing! Jesus turned water into wine! Jesus did something that no one else can do because Jesus is God's Son. **Who is amazing? [Bottom Line] Jesus is amazing!**"

5 min

Story Bowling | Made to Move

What You Need

	"Story Bowling" Activity Page	2
	Cardstock	1
	Toy Bowling Set	1
	Soft, playground ball	1
	Scissors	1
	Painter's tape	1
	Option: Blocks, or empty 2-liter bottles, oatmeal containers, or cereal boxes	Several



EveryChild Tips

- Allow children to kick or push or broom the ball.

What You Do:

Before the Activity: Copy "Story Bowling" on cardstock and cut one set per Small Group. Tape one picture to each bowling pin. Set pins up in a 1, 3, 5 setup on one side of the room. Place a straight tape line on the floor about five feet across from the pins.

During the Activity: Encourage children to line up and take a turn to bowl, one roll per child. Once all the pins are knocked over, gather the pins, talk about each part of the story as you put the pins in order of the story. Reset and repeat as desired.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Friends, come over and let's play a game to review today's Bible Story. Line up behind this tape line and we'll take turns rolling the ball to try and knock those pins over."

During the Activity: "[Child's name], roll the ball and try to knock over the pins. (Pause.) Wow! Great job! Move to the back of the line, and now it's [child's name]'s turn! (Continue with each child or until each pin is knocked over.) Follow me over here, and let's look at the pictures on the bowling pins. (Pause.) These are pictures of today's story. Let's put them in order. This pin has a picture of a wedding! That's where our story begins. Let's put this pin here. (Start setting up the pins again.) This pin has a picture of...Jesus! (Put pin in its spot.) And this is a picture of Jesus' friends, the disciples. (Put pin in its spot.) Jesus and the disciples were at the wedding and (hold up the pin with the picture of Mary) so was Jesus' mother, Mary. (Put pin in its spot.) At weddings, there is special food and special drink to celebrate. (Hold up the pin and put pin in its spot.) The family ran out of wine, the special drink for the wedding. Mary wanted to help the family, so she told Jesus that there was no more wine. (Hold up the pin with the empty jars. Put the pin in its spot.) Jesus told the workers to fill six stone jars with water, and they did! (Hold up the pin with the full jars of water. Put the pin in its spot.) Then, Jesus told them to take some of the drink to the person in charge of the wedding, and they did. The person in charge did not know where the drink had come from, but when he tasted it, he knew it was the very best wine! (Hold up the pin with the full jars of wine. Put the pin in its spot.) Now that we've reset the story pins, let's play again!" (Repeat as desired.)

After the Activity: "Wow! Jesus turned the water into wine! Jesus did something that no one else can do because Jesus is God's Son.

[Bottom Line] Jesus is amazing! Who is amazing? [Bottom Line] Jesus is amazing."

5 min

Nothing's Too Hard | Made to Think

What You Need

No supplies needed



EveryChild Tips

- Adapt movements (for example, instead of hopping, have children clap or stomp).
- Provide a smaller personal space for children who may not like crowded movement play.
- Use simple action cards with pictures to cue each challenge.

What You Do:

Before the Activity: Gather in an open area and explain that they will be doing a challenge together.

During the Activity: Call out and demonstrate one challenge at a time. Encourage and celebrate each attempt, whether successful or silly.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Friends! Let's spread out and do some challenges together. We'll move our bodies in lots of different ways. Some might be hard, but let's go give it a try!"





During the Activity: "Can you stand on one foot and touch your nose? *(Pause.)* Whoa, that's hard. Can you spin around five times without falling? Ready? I'll count and you spin. One, two, three, four, five! Wow! Can you snap your fingers? *(Pause.)* That's tricky too! Great job! Let's keep going and try some more challenges."

After the Activity: "Those were some really hard things we did, but nothing is too hard for Jesus. In our Bible Story today, Jesus did something amazing that no one else could do. He turned water into wine. Jesus is God's Son, and He can do anything. **Who is amazing? [Bottom Line] Jesus is amazing!**"

5 min

Catch It if You Can | Made to Move

What You Need

	Small soft ball	Several
	Plastic cups	Several
	Optional EveryChild Supplies:- Beach ball	Several
	Optional EveryChild Supplies:- Laundry basket	Several



EveryChild Tips

Roll a beach ball for children to catch with the laundry basket and roll back.

What You Do:

Before the Activity: Sit on the floor in a circle. Give each child a cup, then demonstrate how to catch the ball under the cup

During the Activity: Call a child's name, then gently roll the ball to that child. Cheer for the child to catch the ball with their cup. Ask child to roll it back and catch it with your cup. Continue with each child.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Friends, come sit in a circle with me. (Pause.) I have a game for us to play. Watch me. (Roll the ball and catch it under your cup.) I caught the ball with my cup."








During the Activity: "See how I caught the ball with the cup? That's what I want you to do when I roll it to you. [Child's name], here it comes! (Gently roll the ball to the child.) Hooray! You did it! Roll the ball back to me. (Catch the ball with your cup.) Now it's [child's name]'s turn! (Continue until each child has a turn.) That was a hard game, but it was super fun to play with you today!"

After the Activity: "In our Bible Story today, Jesus did something that no one else could do. He turned water into wine. That's because Jesus is God's Son, and nothing is too hard for Him. **Who is amazing? [Bottom Line] Jesus is amazing!** One more time! **Who is amazing? [Bottom Line] Jesus is amazing!**"

5 min

Jesus and the Six Jars | Made to Create

What You Need

	"Jesus and the Six Jars" Activity Page	1
	Cardstock	1
	Washable markers	Several
	Clear tape	1
	Scissors	1
	Baby wipes	Several
	Permanent marker	1

What You Do:

Before the Activity: Copy "Jesus and the Six Jars" on cardstock and cut one set per child. Write each child's name on their paper.

During the Activity: Encourage children to color their paper and the separate cutout with the jars. Help children align and tape the jar cutouts to their paper. Ask children to use their picture as you review the story.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Hello, everyone! Come over and sit at the table, and let's create some story art!"

During the Activity: "On your paper, there is a picture of Jesus with six jars next to Him. Color Jesus and these six jars with blue for water. (Pause.) Great job! Now, color these six jars red or purple for the special wine drink. (Pause.) Now, let's add these six jars to your paper by taping them to the top. (Align the cutout over the jars on the paper. Place a piece of tape at the top of the page and fold over and attach to the back.) Flip up the page with the jars of wine like this(demonstrate), and let's review.







"In today's Bible Story, Jesus, the disciples, and Mary, the mother of Jesus, were at a wedding. They were celebrating with everyone, eating the special food and drinking a special drink called 'wine.' Mary knew that people might get upset with the family if there was no more wine. So, to help the family, Mary went to Jesus because she knew nothing was too hard for Jesus. Jesus is the Son of God, and Jesus can do anything. Mary told the people working at the wedding to do whatever Jesus told them to do. Jesus told the workers to fill six stone jars with water. Let's count these jars. (Point as you count.) One, two, three, four, five, six! Then they took some drink to the person in charge of the wedding. When the person in charge tasted the drink, he knew it was the very best wine!"

After the Activity: "Flip your jars over like this. (Demonstrate.) Jesus turned the water into wine! Jesus is God's Son. Jesus did something that no one else can do because **[Bottom Line] Jesus is amazing! Who is amazing? [Bottom Line] Jesus is amazing!**"

5 min

Journal and Prayer | Made to Reflect

What You Need

	"Memory Verse Card" from the Home folder	1
	Cardstock	1
	Bible	1
	Journal	1
	Fun-shaped pen	1
	Scissors	1

Note: You can find examples of hand motions in the "Memory Verse Hand Motions" PDF and video, included in the Prelude folder and on Pinterest.

What You Do:

Before the Activity: Copy "Memory Verse Card" on cardstock and cut one per Small Group. Place one card in your Bible at Luke 5:26. *Note: Keep this card in your Bible all month long.*

Encourage children to put their hand to their mouth to make a horn. Ask children to toot their hand horns as you lead them to your Small Group spot. Sit down and gather the children around you.

During the Activity: Review the Memory Verse and Hand Motions. Then, encourage the children to help you make a list in the journal of the amazing things Jesus has done.

After the Activity: Pray with the children using the list you made in the journal.

What You Say:

Before the Activity: "It's Small Group time! Today we're going to make party horns with our hands, like this, while we walk to our Small Group spot. (Pretend one of your hands is a horn and make a horn sound.) Now you make a party horn with your hand and follow me! (Encourage the children to play their party hand horn as you lead the children to your Small Group spot.) That was fun! Now let's sit down so we can talk about today's Bible Story. One, two, three, sit down with me!"

During the Activity: (Open the Bible and lay it in front of the children.) "In our Bible Story, Jesus did something that only He can do. Do you remember what Jesus did? (Pause.) Yes! Jesus turned six big jars of water into a special wedding drink called wine. Jesus is amazing! That's why when I ask you, **'Who is amazing?'** you can say, **[Bottom Line] 'Jesus is amazing!'** Ready? **Who is amazing? [Bottom Line] Jesus is amazing!**

"The Bible verse we're learning says: 'We have seen (point to self) amazing things today!' (Hands like binoculars, open and shut.) Luke 5:26 (open hands like a book). Let's say that together! Just stand up and say what I say and do what I do! 'We have seen (point to self) amazing things today!' (Hands like binoculars, open and shut.) Luke 5:26 (open hands like a book)."

"Way to go! Now let's sit down so we can write in our prayer journal and talk to God. (Open journal.)

Today, we'll make a list of amazing things Jesus has done. It can be anything we've heard from other Bible stories about Jesus. If you think of something, just say it. We'll make this list together. (As you talk together,

write down what the children say in the journal. Remember to print so the children can recognize the letters.)

After the Activity: (Hold up the journal for the children to see.) "Look at all these amazing things Jesus has done! Jesus really is amazing! Let's use our list when we pray. Would anyone like to pray before I pray? (Give each child who wants to pray the opportunity to do so.) Dear God, thank You for loving us so much that You sent Jesus to be our AMAZING friend forever. Jesus really is amazing! Only Jesus can do amazing things, like (read the list you made with the children). You are awesome, God, and we love You. In Jesus' name, Amen."

Supplies

Fill it Up | Made to Move

	Quantity
1. Large, clear plastic bowls	1
2. Blue pom-poms	1
3. Plastic container	1
4. Painter's tape	1

Flip the Cards | Made to Play

	Quantity
1. Scarves	Several
2. Red and Blue construction paper	Several
3. Laminate pouches	Several
4. Glue sticks	Several
5. Scissors	1

Change It Up | Made to Explore *Uses Minimal Supplies

	Quantity
1. Clear plastic cups	1
2. Water	1
3. Food coloring (red, blue, yellow)	Several
4. Pipettes or droppers	1
5. Plastic tablecloth	1
6. Large plastic bowl	1
7. Optional EveryChild Supplies: Large droppers or pipettes for children who struggle with pouring	Several

Story Bowling | Made to Move

	Quantity
1. "Story Bowling" Activity Page	2
2. Cardstock	1
3. Toy Bowling Set	1
4. Soft, playground ball	1
5. Scissors	1
6. Painter's tape	1
7. Option: Blocks, or empty 2-liter bottles, oatmeal containers, or cereal boxes	Several

Catch It if You Can | Made to Move

	Quantity
1. Small soft ball	Several
2. Plastic cups	Several
3. Optional EveryChild Supplies: Beach ball	Several
4. Optional EveryChild Supplies:- Laundry basket	Several

Jesus and the Six Jars | Made to Create

	Quantity
1. "Jesus and the Six Jars" Activity Page	1
2. Cardstock	1
3. Washable markers	Several
4. Clear tape	1
5. Scissors	1
6. Baby wipes	Several
7. Permanent marker	1

Memory Verse with Motions | Made to Move**Quantity**

- | | | |
|----|---|---------|
| 1. | Optional EveryChild Supplies:-
"Memory Verse Hand Motions" PDF | Several |
| 2. | Optional EveryChild Supplies:-
Cardstock | Several |
| 3. | Optional EveryChild Supplies:
VELCRO® dots | Several |
| 4. | Optional EveryChild Supplies:
Scissors | 1 |

Journal and Prayer | Made to Reflect**Quantity**

- | | | |
|----|--|---|
| 1. | "Memory Verse Card" from the Home folder | 1 |
| 2. | Cardstock | 1 |
| 3. | Bible | 1 |
| 4. | Journal | 1 |
| 5. | Fun-shaped pen | 1 |
| 6. | Scissors | 1 |